

Shramadana Project Meeting Minutes
Triangle Insight Meditation Community
by Mary Mudd, 6 April 2016

Attendees: Cathy Cole, Tom Howlett, Leslie Killeen, Gordon Livermore, Gerri McGuire, Mary Mudd, Leah Rutchick, Kathy Shipp, Barbara Shumannfang, Howard Staab, Ron Vereen, Karen Ziegler

We discussed the following agenda items:

1. **Update on Mindfulness Training a DCRC** – Ron Vereen has not heard back from the DCRC coordinator who is organizing DCRC groups. He will follow-up with her for an update.
2. **Planning for May Retreat at Avila**– Karen Ziegler held a planning meeting last week. All tasks are on schedule. There are 4-5 spots still available for the retreat. Team will meet again later this month to plan and assign remaining tasks.
3. **Update on Service to the Episcopal Center** – Ron Vereen has not yet discussed this with the head of the center. He will follow-up on this and propose some landscaping/grounds work for our sangha.
4. **Update on “Movie Night”** – Our first “Media Night” is scheduled for April 15. Gerri McGuire and her team have obtained the film and worked-out all the details for this event. The team will evaluate how this first event goes and plan future media nights, probably on a quarterly basis.
5. **Shramadana Page on Website** – Ron Vereen has forwarded the draft of a page layout for Mary Kay to set-up the page using Google Apps. He will give her the go ahead once all reviews for the page have been completed.
6. **Speaker System Set-Up & Take-Down** – Ron Vereen has been the primary person setting-up and taking-down the speaker system for Wednesday evenings. We agreed to form a group of trained volunteers who can take over and rotate this task. I will poll SP members to see who wants to participate in this, and then we will have a brief training session. We plan to have 2 members each Wednesday arrive by 6:10 pm to set-up, and 2 other members stay to take-down the system at 8 pm. If we do not have enough participation from our SP group, we will solicit help from the other sangha members.
7. **Caring Circles** - We discussed ideas for how to design and implement a group of this type to offer support to sangha members in need of various types of assistance including things like transportation, meals, visits, help with resumes, etc. We agreed to form a smaller group to work on a process and plan to implement. Gordy Livermore will coordinate this planning group comprised of Cathy Cole, Leslie Killeen, Mary Mudd, Howard Staab and Karen Ziegler. Gordy will schedule an initial meeting soon.
8. **Facebook Page** - Leah Rutchick proposed having a Facebook page for TIMC to provide a way to connect beyond the Wednesday meetings. She has created a page which is a private group page that will be monitored. Anyone can become a member if a current member adds her or him. Leah will put the link to the page in the next newsletter.

Next Meeting

Our next meeting will be in July. I will send a Doodle poll closer to that time. Our sub-groups (retreat planning, media night, caring circles) will meet more often, as needed.