

3. Most convenient locations for you:

4. Most convenient days of the week and times of day:

5. How did you learn about our Kalyana Mitta groups?

6. Do you attend Triangle Insight's Wednesday night sangha?

7. Psychological and spiritual paths often overlap. In fact, meditation can provide space in which psychological material arises, and while Kalyana Mitta groups can offer support and inspiration, they can also elicit uncomfortable thoughts and feelings. Therefore, please answer the following question with the assurance that your answers will be kept confidential. Only the KM Coordinating Team will have access to the information.

In the past three years have you been hospitalized for substance abuse or psychiatric difficulties?

Yes No

If you answered Yes, please give dates and any information it would be helpful for us to know.

8. Other Information (optional):