

**Minutes of the Triangle Insight BOD
February 20, 2019**

*Present: Board of Directors: Cathy Cole, Cynthia Hughey, Emily Burke, Leah Rutchick, Mike Hall, Ron Vereen, Sarah Tillis, and Scott Bryce
Also present: Many participants in Triangle Insight Meditation Community*

Location: Episcopal Student Center

1. Ron called the meeting to order at 7:10pm following a period of meditation and a break.
2. The slate of nominees to the Board of Directors was presented: Cathy Cole, Emily Burke, Leah Rutchick, Mike Hall, and Sarah Tillis. The nominees were elected by the Board of Directors. Phyllis Hicks had expressed her support for the decisions made at this meeting.
3. With the new BOD seated, Leah Rutchick was nominated for Chair, Mike Hall for Secretary, and Cynthia Hughey for Treasurer. All were elected.
4. Ron presented the 2018 financial report. He answered a few questions that arose.
5. Robert Seyler announced the Engaged Buddhist Group beginning February 28, 2019. A group had gathered regarding concerns with the state, the world, etc., and how to find joy in the midst of difficulty. The group decided to meet once a month to meditate, share, and celebrate lives together. The Engaged Buddhist Group will meet at the Episcopal Student Center on Thursday, February 28, 2019 from 6:30 to 8pm. Robert had flyers for interested people.
6. Sarah Bryce announced that the Morning of Mindfulness that will take place on Saturday, March 2nd, has openings. She encouraged experienced meditators, as well as beginners, to come. She requested that people email her to let her know how many to expect.
7. Gerri McGuire updated The Ruth King Mindful of Race Training March 15-17, 2019. When an exploration of bringing Ruth here began in 2016, she was offering Mindful of Race workshops to groups of 35 who had shown interest in attending. Over time and with her experience, Ruth's work has changed from a workshop format to a training. She now works with groups of 20 within an organization, beginning with the leadership (Board of Directors, committee leaders), those in teaching roles, and people who have engaged in racial affinity groups. The training is now 5 days, but Ruth agreed to the 3 day format that had been previously agreed to. It will be a 3 day residential training at Avila March 15-17. The training in March is full. Those who are participating in this training will be bringing what they have learned and gained back to the sangha.
8. Ron announced the Memorial Day Retreat (May 23-26) at Avila with Ron Vereen and Jeanne van Gemert. They will announce the topic of the retreat soon.
9. Jeanne van Gemert and some of her Insight Meditation Community of Charlottesville cohorts are planning to offer a daylong retreat/workshop on

Aging, Illness, and Death at Triangle Insight in the summer of 2019. She will let us know the dates soon.

10. Francesca Morfesis announced that Lama Rod Owens will be returning to Durham May 31 to June 2, 2019. Preliminary plans are for a Friday evening talk and Saturday Christian/Buddhist dialogue with a local African American pastor. Both events are open to the public. On Sunday, Lama Rod will offer a day with POC and LGBTQI communities. (Triangle Insight has been a part of a collaborative group of local Buddhist sanghas in sponsoring Lama Rod's visits.) There are preliminary plans to bring a woman teacher of color in October 2019.
11. Ron talked about upcoming proposed tasks of the expanded board:
 - Development of operating norms
 - Dialogue with Guiding Teachers and sangha regarding the formation/implementation of a Teacher's Council
 - Exploration of operational need for committees, e.g., on matters of finance, programs, volunteers, etc.
12. Gratitude was expressed by individuals within the sangha.
13. As the new Chair, Leah expressed her desire to hear any concerns, ideas, etc. from the sangha.
14. The next meeting of the Board of Directors will be set and announced soon.
15. Emily led the sangha in metta practice.
16. Meeting was adjourned at 8:10pm.

Respectfully submitted,
Cynthia Hughey