Minutes of the Triangle Insight BOD
February 20, 2019

Present: Board of Directors: Cathy Cole, Cynthia Hughey, Emily Burke,
Leah Rutckich, Mike Hall, Ron Vereen, Sarah Tillis, and Scott Bryce
Also present: Many participants in Triangle Insight Meditation Community

Location: Episcopal Student Center

1. Ron called the meeting to order at 7:10pm following a period of meditation
   and a break.
2. The slate of nominees to the Board of Directors was presented: Cathy Cole,
   Emily Burke, Leah Rutckich, Mike Hall, and Sarah Tillis. The nominees were
   elected by the Board of Directors. Phyllis Hicks had expressed her support for
   the decisions made at this meeting.
3. With the new BOD seated, Leah Rutckich was nominated for Chair, Mike Hall
   for Secretary, and Cynthia Hughey for Treasurer. All were elected.
4. Ron presented the 2018 financial report. He answered a few questions that
   arose.
5. Robert Seyler announced the Engaged Buddhist Group beginning February
   28, 2019. A group had gathered regarding concerns with the state, the world,
   etc., and how to find joy in the midst of difficulty. The group decided to meet
   once a month to meditate, share, and celebrate lives together. The Engaged
   Buddhist Group will meet at the Episcopal Student Center on Thursday,
   February 28, 2019 from 6:30 to 8pm. Robert had flyers for interested people.
6. Sarah Bryce announced that the Morning of Mindfulness that will take place
   on Saturday, March 2nd, has openings. She encouraged experienced
   meditators, as well as beginners, to come. She requested that people email
   her to let her know how many to expect.
7. Gerri McGuire updated The Ruth King Mindful of Race Training March 15-17,
   2019. When an exploration of bringing Ruth here began in 2016, she was
   offering Mindful of Race workshops to groups of 35 who had shown interest in
   attending. Over time and with her experience, Ruth’s work has changed from
   a workshop format to a training. She now works with groups of 20 within an
   organization, beginning with the leadership (Board of Directors, committee
   leaders), those in teaching roles, and people who have engaged in racial
   affinity groups. The training is now 5 days, but Ruth agreed to the 3 day
   format that had been previously agreed to. It will be a 3 day residential
   training at Avila March 15-17. The training in March is full. Those who are
   participating in this training will be bringing what they have learned and
   gained back to the sangha.
8. Ron announced the Memorial Day Retreat (May 23-26) at Avila with Ron
   Vereen and Jeanne van Gemert. They will announce the topic of the retreat
   soon.
9. Jeanne van Gemert and some of her Insight Meditation Community of
   Charlottesville cohorts are planning to offer a daylong retreat/workshop on
Aging, Illness, and Death at Triangle Insight in the summer of 2019. She will let us know the dates soon.

10. Francesca Morfesis announced that Lama Rod Owens will be returning to Durham May 31 to June 2, 2019. Preliminary plans are for a Friday evening talk and Saturday Christian/Buddhist dialogue with a local African American pastor. Both events are open to the public. On Sunday, Lama Rod will offer a day with POC and LGBTQI communities. (Triangle Insight has been a part of a collaborative group of local Buddhist sanghas in sponsoring Lama Rod’s visits.) There are preliminary plans to bring a woman teacher of color in October 2019.

11. Ron talked about upcoming proposed tasks of the expanded board:
   o Development of operating norms
   o Dialogue with Guiding Teachers and sangha regarding the formation/implementation of a Teacher’s Council
   o Exploration of operational need for committees, e.g., on matters of finance, programs, volunteers, etc.

12. Gratitude was expressed by individuals within the sangha.

13. As the new Chair, Leah expressed her desire to hear any concerns, ideas, etc. from the sangha.

14. The next meeting of the Board of Directors will be set and announced soon.

15. Emily led the sangha in metta practice.

16. Meeting was adjourned at 8:10pm.

Respectfully submitted,

Cynthia Hughey